

Date Effective: July 2019 Review Date: July 2021

## Safety in the Sun

Responsible to: Senior Teachers

Applies to: Teachers and Children

Purpose: To increase child and adult awareness of the harmful effects of the sun

To encourage the development of individual responsibility for skin

protection

To ensure the provision of shade is incorporated into kindergarten site

planning

References: -Licensing Criteria for Early Childhood Education and Care Centres 2008

-NZ Cancer Society

## Policy

- 1. All staff will model sun-safe practices in the kindergarten service and ensure sun-safe procedures are implemented for children.
- 2. Senior Managers will work in good faith with kindergartens to ensure outdoor environments provide teachers and children with adequate protection from the harmful effects of the sun.
- 3. Opportunities will be made available to teachers to ensure that they can gain knowledge about matters related to sun safety.

## Procedures

- 1. Kindergarten newsletters and parents' meetings shall contain regular reminders about the need for skin protection, particularly during the period of September to April 10am to 4pm.
- 2. Knowledge of safety in the sun shall be incorporated into the kindergarten programme, with a special focus in the early spring.
- 3. Information about sun protection will be made available to parents/whānau/caregivers at enrolment and reminders about the kindergarten's sun safe procedures will be communicated through newsletters, on noticeboards, at parent meetings and directly with parents/whānau/caregivers.

- 4. Teachers will model sun-safe behaviours by wearing appropriate clothing (including hats), using sunscreen and, where possible, accessing shade when outside during the months of September to April.
- 5. In the development and use of outdoor areas, steps shall be taken to ensure adequate shade provision and appropriate placement of activities.
- 6. Teachers will assess the programme for outdoor activity during the months of September to April and, where necessary, adjust the programme to ensure children are not unnecessarily exposed to the sun during the hottest part of the day.
- 7. A broad spectrum SPF 50+ sunscreen will be made available for use by teachers and children. Permission will be sought from parents at enrolment for teachers to apply sunscreen to their child while at kindergarten.
- 8. Sunscreen should be applied 20 minutes before going outdoors and reapplied every 2 hours after physical activity.